

## Snack

All children will be asked to bring a snack each day to school. Licensure requires that snacks include a food from two food groups each day. **Because of the increase of nut allergies, we will send any snack containing nuts back home.** We will have some stored snack in the event that a child leaves his/her snack at home. *Toddler parents: please note that popcorn is a choking hazard for our younger children and should not be sent in. We also ask that fruit such as grapes be quartered ahead of time to prevent choking.*

Please do not send in juice. Water will be provided for your child. You may wish to send in a plastic cup with your child's name on it. The children will put the cup back in their bag when they are finished so that it can be washed each evening at home. We can also provide small paper cups on a daily basis if your child would like to use that instead of one brought from home.

If a child in the classroom has been identified with a nut allergy, we will notify all families that use that room. We ask that you take special care to send in a snack that will be safe for all children. Listed below are some suggested snack options that are nut free.

vegetables	pretzels	fruit cups
fruit	rice cakes	applesauce
cheese	crackers (no peanut butter)	Nutri Grain cereal bars
yogurt	animal crackers	cinnamon swirl bread

The following items are not acceptable snack: candy, marshmallows, cookies, fruit roll ups etc.



## Birthday Celebrations

The teachers will celebrate each child's birthday in the classroom. Summer birthdays will be celebrated before the end of school. We ask that you do not send in cupcakes or any other special snack. We will celebrate this very special occasion in other ways throughout the day.

---

## Class Party Guidelines

Reveille is a nut-free school so foods containing peanuts or tree nuts or their byproducts are not allowed. **All party foods must be prepackaged or store-bought.** Children are always free to bring in their own snack on party days. Below you will find suggestions for party foods if you are a parent in charge of organizing an event in your child's class this year. **Also, please keep in mind that balloons should not be included during class parties as they pose a choking hazard to young children.**

### **Menu Suggestions:**

**Main:** Chicken nuggets, Pizza, Small sandwiches(no peanut butter) made in the Reveille kitchen

**Fruit/Vegetable:** (at least one): Grapes(quartered for toddlers), sliced apples, strawberries, baby carrots etc.

**Sides:** (only one needed): Pretzels, goldfish, cheese nips, cheese cubes, etc.

**Drink:** Water will be supplied. You may bring in cups. *Please avoid juice boxes.*

**Sweet Treat:** A simple cookie or cupcake but **MUST BE PEANUT FREE and NUT FREE** and cannot be packaged in a facility with peanuts.

