

## Snack

All children will be asked to bring a snack each day to school. Licensure requires that snacks include a food from two food groups each day. **Because of the increase of nut allergies, we will send any snack containing nuts back home.** We will have some stored snack in the event that a child leaves his/her snack at home.

Please do not send in juice. Water will be provided for your child. **Each child may send snack in a disposable or reuseable bag.** We will provide small paper cups on a daily basis for your child to use for water. Preschoolers may bring in a water bottle. Toddlers may bring a sippy cup, but it will be stored in their cubby. Toddler teachers will monitor use of the cups, so that students do not share.

If a child in the classroom has been identified with a nut allergy, we will notify all families that use that room. We ask that you take special care to send in a snack that will be safe for all children. Listed below are some suggested snack options that are nut free.

vegetables	pretzels	fruit cups
fruit	rice cakes	applesauce
cheese	crackers (no peanut butter)	Nutri Grain cereal bars
yogurt	animal crackers	cinnamon swirl bread

The following items are not acceptable snack: candy, marshmallows, cookies, fruit roll ups etc.

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## Birthday Celebrations

The teachers will celebrate each child's birthday in the classroom. Summer birthdays will be celebrated before the end of school. We ask that you do not send in cupcakes or any other special snack. We will celebrate this very special occasion in other ways throughout the day.

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## Class Party Guidelines

Reveille is a nut-free school so foods containing peanuts or tree nuts or their byproducts are not allowed. **All party foods must be prepackaged or store-bought.** Children are always free to bring in their own snack on party days. Below you will find suggestions for party foods if you are a parent in charge of organizing an event in your child's class this year.

### **Menu Suggestions:**

**Main:** Chicken nuggets, Pizza, other healthy alternative that is bought and not prepared at home

**Fruit/Vegetable:** (at least one): Grapes(sliced or quartered), sliced apples, strawberries, baby carrots etc.

**Sides:** (only one needed): Pretzels, goldfish, cheese nips, cheese cubes, etc.

**Drink:** Water will be supplied. You may send in paper cups. *Please avoid juice boxes.*

**Sweet Treat:** A simple cookie or cupcake but **MUST BE PEANUT FREE and NUT FREE** and cannot be packaged in a facility with peanuts.

