



## After-School Extended Day Activities

### Spring Session 2024

Mondays-Fridays, 12:00 pm- 2:00 pm

Begins March 18th, 2024

Reveille Weekday School is happy to provide a variety of after-school enrichment activities for children to continue to learn and explore after the traditional school day is over. These activities are offered to children in our preschool program **who are toilet trained**. Please **register by March 12<sup>th</sup>**, so we will have an accurate count for each program on the first day.

### Lunch Bunch

Lunch Bunch will be offered to children in the **preschool (typically ages 3-5) who are fully toilet trained** from 12:00 pm-2:00 pm, Mondays-Fridays. Your child can still sign up for special activities from 12:00 pm – 12:30 pm (See options below). Students will join the Lunch Bunch group after their special activity ends. Depending on enrollment, the Lunch Bunch students may be divided into two classes by age. The lunch bunch activities for the younger students will focus on positive social interactions and learning age-appropriate social skills, while the activities for the older students will focus on lessons in the areas of physical development, literacy, math, science, and social skill development. Parents will pick up their children no later than 2:00 pm from the playground.

To register for Lunch Bunch, please fill out the form found on the **News & Updates** sidebar (Click on the *Current Parents* tab and then the *After School* tab) on [reveilleweekday.com](http://reveilleweekday.com), in an email that will be sent about the **Spring Extended Day Activity options**, and return it to the office with payment. If you have any questions feel free to call the office, (804) 359-4600.

### Special Activities Options

Special Enrichment activities are offered from 12:00 pm -12:30 pm, Monday-Friday. Children will be picked up from the special activity at 12:30 pm or, if they participate in Lunch Bunch, they will not be picked up until 2:00 pm.

<b>Winter</b>	
<b>Monday</b>	Soccer Shots
<b>Tuesday</b>	Itty Bitty Yogis
<b>Wednesday</b>	Piano
<b>Thursday</b>	Soccer Shots Building Lasting Friendships
<b>Friday</b>	Little Steamers

## After-School Enrichment Activities Descriptions for Winter 2024

### Mondays & Thursdays:

**Soccer Shots** is a professionally designed program for young children led by trained soccer instructors. During each session, instructors will creatively introduce children to soccer while developing physical skills and character. We will offer soccer to **preschool children ages 3-5**. You can register for Soccer Shots online at [Spring Soccer Shots at Reveille Weekday School](#)

#### **DATES:**

Mondays-March 18, 25; April 8, 22, 29 (no sessions on April 1 or 15); May 6 & 13  
 Thursdays- March 21, 28; April 11 & 18 (no sessions on April 4 or 25); May 2, 9, & 16

### Tuesdays:

**Itty Bitty Yogis**, a yoga enrichment program designed for **children ages 3-5**, balances bodies and brains as children discover yoga through games, stories, and poses. This is not your typical yoga class! We will run, jump, and downward dog before we end each session with stretching and a mindfulness exercise. Itty Bitty Yogis was created by former Reveille teacher, Katie Cooke & a former Reveille parent, Connie Mattox. Register online at <https://www.ittybittyogis.com>.

#### **DATES:**

Tuesdays- March 26 (no sessions on March 19); April 16, 23, 30 (no sessions on April 2 or 9); May 7 & 14

### Wednesdays:

In **Miss Mary's Preschool Piano** is a year-long activity and is full currently.

**Thursdays:**

**First Priority Occupational Therapy's "Building Lasting Friendships"** is designed to increase awareness and understanding of social and emotional health to increase confidence, foster independence, and build friendships. This enrichment program will incorporate concepts pertaining to self-awareness through Zones of Regulation concepts, decision making, relationship skills, social awareness, and self-management all while making a lasting impression through FUN! For registration information, please email: [firstpriorityot@gmail.com](mailto:firstpriorityot@gmail.com) for more information.

**DATES:**

Thursdays- March 21, 28; April 11 & 18 (no sessions on April 4 or 25); May 2, 9, & 16

**Fridays:**

**Little Steamers** program will be offered to **children ages 3-5**. Little Steamers will give your child the opportunity to explore STEAM through play. Using simple tools and simple questions, students will solve problems and design solutions. Lessons will be centered around children's literature and thematically geared towards students' interests throughout the year. Registration will be online at <https://www.littlesteamersllc.com/enrichmentclasses>.

**DATES:**

Fridays- March 22, 29; April 12, 19 & 26 (no sessions on April 5); May 3